

COMPARISON OF BALANCE AND RX DRUGS



UNICITY Balance

INDICATIONS

- High total cholesterol
- High LDL (bad) cholesterol
- Low HDL (good) cholesterol
- High triglycerides
- Significant cardiovascular risks
- Strong family history of cardiovascular disease (high risk)
- Known cardiovascular disease (high risk)
- Overweight
- Uncontrolled glucose levels
- Family or personal history of colorectal, prostate, breast cancers
- Constipation
- Reflux/GERD
- Metabolic syndrome (hypertension, abnormal lipids or glucose, belly fat, insulin resistance)
- Sugar cravings
- Hypoglycemia unrelated to diabetes

CONTRAINDICATIONS

- None

PRECAUTIONS

- None

INTERACTIONS

- Prescription drugs that are to be taken on empty stomach are to be taken one hour before or two hours after Balance (it is considered a food).

ADVERSE REACTIONS

- Possible Transient flatulence

CHOLESTEROL AND GLUCOSE MEDICATIONS

INDICATIONS

- High Cholesterol
- Primary prevention of cardiovascular events in people with high cholesterol
- High cholesterol with clinically evident coronary artery disease (heart attack, angina, blockages)
- To slow progression of coronary artery disease
- Reduce risk of heart attacks and strokes
- Reduce or Normalize Blood Sugar

CONTRAINDICATIONS

- Active liver disease
- Unexplained elevated liver enzymes
- Pregnancy
- Nursing mothers

PRECAUTIONS

- Monitor liver function before and during therapy
- History of liver disease
- Alcoholism, chronic alcohol use
- Endocrine dysfunction
- Myopathy (inflamed muscles)
- Elevated muscle enzymes
- Renal failure
- Glucose may increase, leading to diabetes
- Taking multiple medications
- Female gender
- Small body frame
- Age 80 or over
- Neuromuscular disorders (including ALS) and hypothyroidism (low thyroid)

INTERACTIONS

- Grapefruit juice, Amiodarone, Gemfibrozil, some HIV medications, some antibiotics and antifungals, several immunosuppressants, niacin (nicotinic acid), potentiation of oral contraceptives increasing risks

ADVERSE REACTIONS

- Myalgias (sore muscles)
- GI upset, abdominal pain
- Headaches
- Rash, pruritus (itching)
- Elevated liver blood tests
- Muscle breakdown with renal kidney failure
- Chest or musculoskeletal pain
- Fatigue
- Cough
- Flu-like symptoms
- Flatulence (rectal gas)
- Dizziness
- Blurred vision
- Insomnia
- Male impotence
- Asthenia
- Lowered co-enzyme Q-10 (as much as 40%)
- Kidney Complications